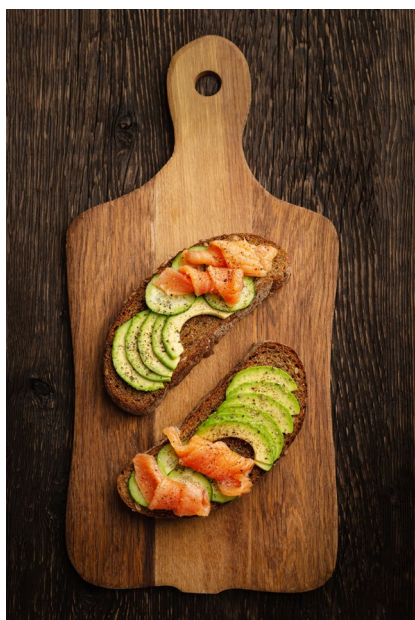




Apéro idea

SPRING BREAK RECIPE

Smoked Salmon, Avocado and Cucumber Toast



- *1 Au Pain Doré Whole Wheat Loaf or Wheat, flax and sesame bread*
- *Smoked salmon*
- *1 avocado sliced*
- *Slices of cucumber*
- *Chopped dill*
- *Salt and pepper*



Preparation :

Parents Version:

- Slice the loaf or the bread.
- Lay the avocado and cucumber slices on the bread.
- Add the smoked salmon.
- Decorate with the chopped dill, salt & pepper.
- Serve.

Kids Version:

- Smash the avocado to make a spread.
- Spread a little cream cheese on the slices of bread.
- Add the avocado spread and the smoked salmon on one slice and the cucumber and smoked salmon on the other one.
- Decorate with chopped dill, salt & pepper.
- Serve.

Kids trick

This recipe is ideal to have the kids wait while the parents are having l'apéro. In addition, they can decorate their toast as they like by changing the garnishes. The loaf will make bigger toasts for the parents and the bread will make smaller ones for the kids.

And that's it, BON APPÉTIT !